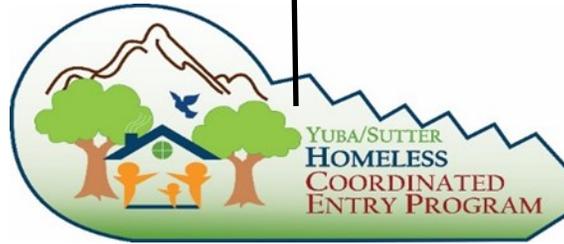


THE LIFE BUILDING CENTER
131 F STREET, MARYSVILLE
530-749-6811
M-F 9AM-3:30PM



HANDS OF HOPE
909 SPIVA YUBA, CITY
530-755-3491
M-F 9AM—3:30PM

Single entry point for Homeless Services!

Showers & Laundry * Mentoring * Case Management * Connection to Housing & Services * Assistance with outstanding tickets / warrants
Intakes end at 2pm M-Th and Noon on Friday

Mondays

Behavioral Health Representative, 12:30–3:30pm
Counseling, 9:00am – 12:00pm
Aug 8 & 22 Hair Cuts, 10:00am – 12:00pm
Aug 1, 15, & 29 The Path to Employment: Answering Your Questions, 2:00pm

Tuesdays

Adventist Street Nurse, 9am
Get the Scoop on Back to School, 9-11:30am
Aug 9 Ampla Health: Education on Covid Vaccine and Testing, 1–3:00pm
Aug 23 Ampla Health: Education on Covid Vaccine and Testing, 1–3:00pm

Wednesdays

Living in Balance, 9:00am
Aug 3 Time and Money Management, 2:00pm
Aug 2, 10, & 17 Ready to Rent, 11am
Aug 10 Team Building, 2:00pm
Aug 17 Harm Reduction: Learn How to Stop Overdose Deaths, 10am
Aug 17 Self-Discovery and People Skills, 2:00pm
Aug 24 Job Searching, 2:00pm

Thursdays

Application Workshop, 10-11:30am
Budgeting Workshop, 1-2:30pm
Medical Benefits, 10-12:00pm

Fridays

Anger Management, 9:00am

Mondays

Behavioral Health Representative, 9-11:30am
Counseling, 12:30am-3:00pm

Tuesdays

Get the Scoop on Back to School, 1-3:30pm
Aug 2 Ampla Health: Education on COVID Vaccine and Testing, 9-11:30am
Aug 16 Ampla Health: Education on COVID Vaccine and Testing, 9-11:30am
Aug 30 Ampla Health: Education on COVID Vaccine and Testing, 9-11:30am

Wednesdays

Job Readiness classes will continue via Zoom until further notice.
Aug 3 Job Readiness! Building the Tell Me About Yourself, 10:15am
Aug 3, 10, & 17 Ready to Rent, 1:00pm
Aug 10 Job Readiness! Job Search Techniques, 10:15am
Aug 17 Harm Reduction: Learn How to Stop Overdose Deaths, 11:30am
Aug 24 Job Readiness! Grooming and Presentation, 10:15am

Thursdays

July 28 Adventist Street Nurse, 9 am

Fridays

All classes and services are by appointment only. For more information talk to your Case Manager!

Classes happen every week unless indicated

Counseling Session are by appointment only. For more information talk to your Case Manager!