

THE LIFE BUILDING CENTER
131 F STREET, MARYSVILLE
530-749-6811
M-F 9AM-3:30PM



HANDS OF HOPE
909 SPIVA YUBA, CITY
530-755-3491
M-F 9AM—3:30PM

Single entry point for Homeless Services!

Showers & Laundry * Mentoring * Case Management * Connection to Housing & Services * Assistance with outstanding tickets / warrants
Intakes end at 2pm M-Th and Noon on Friday

Mondays

Behavioral Health Representative, 12:30–3:30pm
Counseling, 9:00am – 12:00pm
June 13 & 27 Hair Cuts, 10:00am – 12:00pm
June 6 & 20 The Path to Employment: Answering Your Questions, 2:00pm

Tuesdays

Adventist Street Nurse, 9 am
June 14 Ampla Health: Education on Covid Vaccine and Testing, 1–3:00pm
June 28 Ampla Health: Education on Covid Vaccine and Testing, 1–3:00pm

Wednesdays

Living in Balance, 9:00am
June 1 YCHHSD Life Skill Topics, 2:00pm
June 8 Housing Skills, 2:00pm
June 15 Harm Reduction: Learn How to Stop Overdose Deaths, 10am
June 15 Effective Communication, 2:00pm
June 22 Time & Money Management, 2:00pm
June 29 Team Building, 2:00pm

Thursdays

Application Workshop, 10-11:30am
Budgeting Workshop, 1-2:30pm
June 9, 16, 23, & 30 Medical Benefits

Fridays

Anger Management, 9:00am

Mondays

Behavioral Health Representative, 9-11:30am
Counseling, 12:30am-3:00pm

Tuesdays

June 7 Ampla Health: Education on COVID Vaccine and Testing, 9-11:30am

Wednesdays

Job Readiness classes will continue via Zoom until further notice.
June 1 Job Readiness! Job Search Techniques/Applications, 10:15am
June 8 Job Readiness! Building the Tell Me About Yourself, 10:15am
June 15 Harm Reduction: Learn How to Stop Overdose Deaths, 11:30am
June 15 Job Readiness! Grooming and Presentation, 10:15am
June 22 Job Readiness! Resumes, 10:15am

Thursdays

June 30 Adventist Street Nurse, 9 am

Fridays

All classes and services are by appointment only. For more information talk to your Case Manager!

Classes happen every week unless indicated

Counseling Session are by appointment only. For more information talk to your Case Manager!