

THE LIFE BUILDING CENTER
131 F STREET, MARYSVILLE
530-749-6811
M-F 9AM-3:30PM



HANDS OF HOPE
909 SPIVA, YUBA CITY
530-755-3491
M-F 9AM-3:30PM

MARCH 2023

Single entry point for Homeless Services!

Showers & Laundry * Case Management * Connection to Housing & Services *

Intakes end at 2pm M-Th and Noon on Friday

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Mondays

Sutter Yuba Behavioral Health Representative, 12:30-3:30 pm
Mar 6 & 20 Adventist Health: Community Connect Social and Health Barriers, 1pm-3pm
Mar 6 & 20 Hair Cuts, 10:00 am-12:00 pm
Mar 13 & 27 Yuba County 1 Stop Representative, 2:00 pm

Tuesdays

Adventist Health: Street Nurse, 9:00 am
Yuba County Office Education: Educational Outreach for all Yuba County Schools, 9:00-11:00 am

Wednesdays

Harmony Health: Living in Balance, 9:00 am
Mar 1 Yuba County Health and Human Services: Housing Skills, 2:00 pm
Mar 8 Yuba County Health and Human Services: Effective Communication 2:00 pm
Mar 8 & 22 FREED: Aging and Disability Resources Connection 10:30 am - 12:30 pm
Mar 15 Crises Response Team: Learn how to stop overdose deaths, 10:00 am
Mar 15 Yuba County Health & Human Services: Time & Money Management, 2:00 pm

Thursdays

Hands of Hope: Application Workshop 10:00-11:30 pm
Harmony Health: Outreach and Insurance, 10:00-12:00pm
Mar 9 Yuba County Health & Human Services Outreach, 9:00am

Fridays

Harmony Health: Anger Management, 9:00am

Mondays

Sutter Yuba Behavioral Health: Representative, 9:00-11:30am
Mar 6 & 20 Adventist Health: Community Connect Social and Health Barriers, 1:00-3:00 pm

Tuesdays

Sutter County Superintendent of Schools: Educational Outreach for all Sutter C. Schools, 1-3:30 pm

Wednesdays

Mar 8 Sutter County 1 Stop: Job Search, Resume Workshop, First Impressions, 10 am
Mar 8 & 22 Freed: Aging and Disability Resources Connection 1 pm - 3 pm
Mar 15 Sutter County 1 Stop: How the One Stop Assists, Job Application, Be Yourself, 10 am
Mar 15 Critical Response Team: Learn how to stop overdose deaths, 11:30 am
Mar 22 Sutter County 1 Stop: Professional Self, Mannerisms and Grooming, Interview Readiness, Job Readiness, 10 am

Thursdays

Adventist Health: Street Nurse, 9:00 am

Fridays

All classes and services are by appointment only. For more information talk to your Case Manager!

Classes happen every week unless indicated

Counseling Session are by appointment only. For more information talk to your Case Manager!