

LIFE BUILDING CENTER

131 F STREET, MARYSVILLE

530-749-6811



HANDS OF HOPE

909 SPIVA, YUBA CITY

530-755-3491

April 2025

Single Entry Point for Homeless Services!

Hand of Hope

Open Monday - Friday
8:30 am - 4:30 pm

Life Building Center

Open Monday - Friday
9:00am - 3:30 pm

- Showers & Laundry
- Case Management
- Connection to Housing & Services

Intakes end at 2:30 pm
Monday - Thursday and at
noon on Fridays

All classes and services are by appointment only.
For more information talk to your Case Manager!

Counseling sessions are by appointment only. Contact your Case Manager for more information.

Mondays

Weekly Counseling, 9:00 am - 12:00 pm
Weekly Sutter Yuba Behavioral Health Representative, 12:30 pm - 3:30 pm

Apr 7 Adventist Health: Community Connect Social and Health Barriers, 1:00 pm - 3:00 pm

Apr 14 & 28 Hair Cuts - 10:00 am - 12:00 pm

Apr 14 Yuba County 1 Stop Representative, 2:00 pm - 3:00 pm

Tuesdays

Weekly Harmony Health Street Nurse Team, 9:00 pm - 12:00 pm
Weekly Yuba County Office Education: Educational Outreach for all Yuba County Schools, 9:00 am - 11:00 am

Wednesdays

Weekly Harmony Health: Living in Balance, 1pm - 2pm

Apr 16 Harm Reduction: Learn How to Stop Overdose Deaths, 10:00 am - 11:00 am

Apr 16 Veterans Outreach 11:00 am - 1:00 pm

Apr 23 Yuba County HHS, Visibility and Safety, 11:00 am - 12:00 pm.

Thursdays

Weekly Harmony Health: Outreach and Insurance, 10:00 am - 12:00 pm

Apr 24 Breaking the Chains of Life Controlling Problems, 2:30 pm - 3:30 pm

Fridays

Weekly Harmony Health: Anger Management, 9:00 am - 10 am

Weekly iCare: BX Health Engagements 2:00 pm - 3:00 pm

Weekly Peach Tree Mobile Unit, 9:00 am - 4:00 pm

Apr 4 & 18 Peach Tree Health: Medical Benefits, 12:00 pm - 2:00 pm

Apr 4 & 18 CRLA: Talk to a CRLA Advocate, 10:00 am - 11:00 am

Apr 11 Breaking the Chains Pop-in, 1:00 pm - 2:00 pm

Mondays

Weekly Sutter Yuba Behavioral Health: Representative, 9:00 - 11:00 am

Weekly Counseling, 12:30 - 3:30 pm

Weekly Peach Tree Mobile Clinic, 9:00 am - 4:00 pm

Apr 7 & 21 Adventist Health: Community Connect Social and Health Barriers, 1:00 - 3:00 pm

Tuesdays

Weekly Sutter County Superintendent of Schools: Educational Outreach for all Sutter County Schools, 9:00 - 11:00 am
Weekly iCare: BX Health Engagement, 11:00 am - 12:00 pm

Wednesdays

Apr 2 Veterans Outreach, 10:00 am to 1:00 pm

Apr 9 Sutter County 1 Stop: Professional Self, Mannerisms/ Grooming, Interview Readiness, 10:00 am - 11:30 am

Apr 16 Harm Reduction: Learn How to Stop Overdose Deaths, 11:30 am

Apr 23 Sutter County 1 Stop: Soft Skills Employers Want, Tell Me About Yourself, Job Readiness, 10:00 am - 11:30 am

Thursdays

Weekly Harmony Health: Street Nurse Team, 9:00 am - 12:00 pm

Apr 10 Breaking the Chain - Pop-in, 2:30 pm - 3:30pm

Apr 24 Sutter Yuba Behavioral Health Support Group, 11 am - Noon.

Fridays

Apr 4 Peachtree Health: Medical Benefits, 9:00 am - 11:00 am

Apr 4 Veterans Outreach, 11:00 am - 1:00 pm

Apr 11 & 25 CRLA: Talk to a CRLA Advocate, 2:00 pm - 3:00 pm

Apr 18 Breaking the Chains of Life Controlling Problems, 3:00 pm - 4:00 pm