

LIFE BUILDING CENTER

131 F STREET, MARYSVILLE

530-749-6811



October 2024

HANDS OF HOPE

909 SPIVA, YUBA CITY

530-755-3491

Mondays

- Weekly** Counseling, 9 am - 12 pm
Weekly Sutter Yuba Behavioral Health Representative, 12:30 pm - 3:30 pm
- Oct 7 & 21** Adventist Health: Community Connect Social and Health Barriers, 1:00 pm - 3:00 pm
- Oct 14 & 28** Hair Cuts - 10:00 am - 12:00 pm
Oct 14 & 28 Yuba County 1 Stop Representative, 2:00 pm - 3:00 pm

Tuesdays

- Weekly** Harmony Health Street Nurse Team, 9:00 pm - 12:00 pm
Weekly Yuba County Office Education: Educational Outreach for all Yuba County Schools, 9:00 am - 11:00 am
- Oct 8 & 22** Yuba County Health & Human Services: County Benefits, 1:00 pm - 3:00 pm

Wednesdays

- Weekly** Harmony Health: Living in Balance, 9:00 am - 10 am
Oct 16 Harm Reduction: Learn How to Stop Overdose Deaths, 10:00 am - 11:00 am
- Oct 16** Veterans Outreach 11:00 am - 1:00 pm
Oct 23 Yuba County Health & Human Services: Preventing Heat-Related Injuries 11:00 am - 12:00 pm

Thursdays

- Weekly** Harmony Health: Outreach and Insurance, 10:00 am - 12:00 pm
- Oct 10 & 24** Yuba County Health & Human Services: County Benefits, 1:00 pm - 3:00 pm
- Oct 24** Breaking the Chains of Life Controlling Problems, 2:30 pm - 3:30 pm

Fridays

- Weekly** Harmony Health: Anger Management, 9:00 am - 10 am
Weekly iCare: BX Health Engagements 2:00 pm - 3:00 pm
Weekly Peach Tree Mobile Unit, 9:00 am - 4:00 pm
Oct 4 & 18 Peach Tree Health: Medical Benefits, 12:00 pm - 2:00 pm
- Oct 4 & 18** CRLA: Talk to a CRLA Advocate, 10:00 am - 11:00 am
Oct 11 Breaking the Chains Pop-in, 1:00 pm - 2:00 pm

Single Entry Point for Homeless Services!

Hand of Hope

Open Monday - Friday
8:30 am - 4:30 pm

Life Building Center

Open Monday - Friday
9:00am - 3:30 pm

- Showers & Laundry
- Case Management
- Connection to Housing & Services

Intakes end at 2:30 pm
Monday - Thursday and at noon on Fridays

All classes and services are by appointment only.
For more information talk to your Case Manager!

Counseling sessions are by appointment only. Contact your Case Manager for more information.

Mondays

- Weekly** Sutter Yuba Behavioral Health: Representative, 9:00 - 11:00 am
- Weekly** Counseling, 12:30 - 3:30 pm
Weekly Peach Tree Mobile Clinic, 9:00 am - 4:00 pm
Oct 7 & 21 Adventist Health: Community Connect Social and Health Barriers, 1:00 - 3:00 pm

Tuesdays

- Weekly** Sutter County Superintendent of Schools: Educational Outreach for all Sutter County Schools, 9:00 - 11:00 am
Weekly iCare: BX Health Engagement, 11:00 am - 12:00 pm

Wednesdays

- Oct 2** Sutter County 1 Stop: Professional Self, Mannerisms/Grooming, Interview Readiness, 10:00 am - 11:30 am
- Oct 16** Harm Reduction: Learn How to Stop Overdose Deaths, 11:30 am
- Oct 23** Sutter County 1 Stop: Soft Skills Employers Want, Tell Me About Yourself, Job Readiness, 10:00 am - 11:30 am

Thursdays

- Weekly** Harmony Health: Street Nurse Team, 9:00 am - 12:00 pm
Oct 10 Breaking the Chain - Pop-in, 2:30 pm - 3:30pm
Oct 24 Sutter Yuba Behavioral Health Support Group 11:00 am - 12:00 pm

Fridays

- Oct 4 & 18** Peachtree Health: Medical Benefits, 9:00 am - 11:00 am
Oct 4 Veterans Outreach, 11:00 am - 1:00 pm
Oct 11 & 25 CRLA: Talk to a CRLA Advocate, 2:00 pm - 3:00 pm
Oct 18 Breaking the Chains of Life Controlling Problems, 2:00 pm - 3:00 pm