

LIFE BUILDING CENTER

131 F STREET, MARYSVILLE
530-749-6811



September 2023

HANDS OF HOPE

909 SPIVA, YUBA CITY
530-755-3491

Mondays

- Weekly** Sutter Yuba Behavioral Health Representative, 12:30 - 3:30 pm
- Sept 4 & 18** Hair Cuts, 10:00 am - 12:00 pm
- Sept 4 & 18** Adventist Health: Community Connect Social and Health Barriers, 1:00 pm - 3:00 pm
- Sept 11 & 25** Ampla Health Mobile Unit: COVID Testing, Treatment, Vaccine, and Boosters, 10:00 am - 2:00 pm
- Sept 11 & 25** Yuba County 1 Stop Representative - 2:00 pm

Tuesdays

- Weekly** Adventist Health: Street Nurse, 9:00 am
- Weekly** Yuba County Office Education: Educational Outreach for all Yuba County Schools, 9:00 am - 11:00 am

Wednesdays

- Weekly** Harmony Health: Living in Balance, 9:00 am
- Sept 20** Harm Reduction: Learn How to Stop Overdose Deaths, 10:00 am

Thursdays

- Weekly** Harmony Health: Outreach and Insurance, 10:00 am - 12:00 pm

Fridays

- Weekly** Harmony Health: Anger Management, 9:00 am
- Weekly** iCare: BX Health Engagements 2:00 pm - 3:00 pm
- Sept 8 & 22** CRLA: Talk to a CRLA Advocate, 10:00 - 11:00 am

Single Entry Point for Homeless Services!

Open Monday – Friday
9:00 am -3:30 pm

- Showers & Laundry
- Case Management
- Connection to Housing & Services

Intakes end at 2:00 pm
Monday - Thursday and
at noon on Fridays

**All classes and
services are by
appointment only.
For more
information talk to
your Case
Manager!**

Counseling sessions are
by appointment only.
Contact your Case
Manager for more
information.

Mondays

- Weekly** Sutter Yuba Behavioral Health: Representative, 9:00 - 11:30 am
- Sept 4 & 18** Adventist Health: Community Connect Social and Health Barriers, 1:00 - 3:00 pm

Tuesdays

- Weekly** Sutter County Superintendent of Schools: Educational Outreach for all Sutter County Schools, 9:00 - 11:00 am
- Weekly** iCare: BX Health Engagement, 11:00 am - 12:00 pm

Wednesdays

- Sept 13** Sutter County 1 Stop: Professional Self, Mannerisms/ Grooming, interview Readiness, 10:00 am - 11:30 am
- Sept 20** Harm Reduction: Learn How to Stop Overdose Deaths, 11:30 am
- Sept 27** Sutter County 1 Stop: Job Search Techniques, Soft Skills Employers Want, Tell Me About Myself, Job Readiness, 10:00 am - 11:30 am
- Sept 27** Sutter County: Health Education

Thursdays

- Weekly** Adventist Health: Street Nurse, 9:00 am - 2:00 pm
- Sept 28** Sutter Yuba Behavioral Health Support Group 11:00 am - 12:00 pm

Fridays

- Sept 8 & 22** Ampla Health Mobile Unit: COVID Testing, Treatment, Vaccine, and Boosters, 10:00 am - 2:00 pm
- Sept 1, 15, 29** CRLA: Talk to a CRLA Advocate 2:00 - 3:00 pm