

LIFE BUILDING CENTER

131 F STREET, MARYSVILLE

530-749-6811



HANDS OF HOPE

909 SPIVA, YUBA CITY

530-755-3491

March 2025

Single Entry Point for Homeless Services!

Hand of Hope

Open Monday - Friday
8:30 am - 4:30 pm

Life Building Center

Open Monday - Friday
9:00am - 3:30 pm

- Showers & Laundry
- Case Management
- Connection to Housing & Services

Intakes end at 2:30 pm
Monday - Thursday and at
noon on Fridays

All classes and services are by appointment only.
For more information talk to your Case Manager!

Counseling sessions are by appointment only. Contact your Case Manager for more information.

Mondays

Weekly Counseling, 9:00 am - 12:00 pm
Weekly Sutter Yuba Behavioral Health Representative, 12:30 pm - 3:30 pm

Mar 3 & 17 Adventist Health: Community Connect Social and Health Barriers, 1:00 pm - 3:00 pm

Mar 3 & 17 Hair Cuts - 10:00 am - 12:00 pm

Mar 10 & 24 Yuba County 1 Stop Representative, 2:00 pm - 3:00 pm

Tuesdays

Weekly Harmony Health Street Nurse Team, 9:00 pm - 12:00 pm
Weekly Yuba County Office Education: Educational Outreach for all Yuba County Schools, 9:00 am - 11:00 am

Wednesdays

Weekly Harmony Health: Living in Balance, 1pm - 2pm

Feb 19 Harm Reduction: Learn How to Stop Overdose Deaths, 10:00 am - 11:00 am

Feb 19 Veterans Outreach 11:00 am - 1:00 pm

Feb 26 Yuba County HHS, Visibility and Safety, 11:00 am - 12:00 pm.

Thursdays

Weekly Harmony Health: Outreach and Insurance, 10:00 am - 12:00 pm

Feb 27 Breaking the Chains of Life Controlling Problems, 2:30 pm - 3:30 pm

Fridays

Weekly Harmony Health: Anger Management, 9:00 am - 10 am

Weekly iCare: BX Health Engagements 2:00 pm - 3:00 pm

Weekly Peach Tree Mobile Unit, 9:00 am - 4:00 pm

Mar 7 & 21 Peach Tree Health: Medical Benefits, 12:00 pm - 2:00 pm

Mar 7 & 21 CRLA: Talk to a CRLA Advocate, 10:00 am - 11:00 am

Mar 14 Breaking the Chains Pop-in, 1:00 pm - 2:00 pm

Mondays

Weekly Sutter Yuba Behavioral Health: Representative, 9:00 - 11:00 am

Weekly Counseling, 12:30 - 3:30 pm

Weekly Peach Tree Mobile Clinic, 9:00 am - 4:00 pm

Mar 3 & 17 Adventist Health: Community Connect Social and Health Barriers, 1:00 - 3:00 pm

Tuesdays

Weekly Sutter County Superintendent of Schools: Educational Outreach for all Sutter County Schools, 9:00 - 11:00 am
Weekly iCare: BX Health Engagement, 11:00 am - 12:00 pm

Wednesdays

Mar 12 Sutter County 1 Stop: Job Search Techniques, Resume Introduction/Worksheets/Marketing Oneself, 5 Key Elements to First Impressions, 10:00 am - 11:30 am

Mar 19 Harm Reduction: Learn How to Stop Overdose Deaths, 11:30 am

Mar 26 Sutter County 1 Stop: How One Stop Assists, Job Applications, Be Yourself, 10:00 am - 11:30 am

Thursdays

Weekly Harmony Health: Street Nurse Team, 9:00 am - 12:00 pm

Mar 13 Breaking the Chain - Pop-in, 2:30 pm - 3:30pm

Mar 27 Sutter Yuba Behavioral Health Support Group, 11 am - Noon.

Fridays

Mar 7 & 21 Peachtree Health: Medical Benefits, 9:00 am - 11:00 am

Mar 7 Veterans Outreach, 11:00 am - 1:00 pm

Mar 14 & 28 CRLA: Talk to a CRLA Advocate, 2:00 pm - 3:00 pm

Mar 21 Breaking the Chains of Life Controlling Problems, 2:00 pm - 3:00 pm