

# LIFE BUILDING CENTER

131 F STREET, MARYSVILLE

530-749-6811



## June 2023

# HANDS OF HOPE

909 SPIVA, YUBA CITY

530-755-3491

### **Mondays**

**Weekly** Sutter Yuba Behavioral Health Representative, 12:30 - 3:30 pm

**June 5 & 19** Adventist Health: Community Connect Social and Health Barriers, 1:00 pm - 3pm

**June 12 & 26** Hair Cuts, 10:00 am - 12:00 pm

**June 12 & 26** Ampla Health Mobile Unit: COVID Testing, Treatment, Vaccine, and Boosters, 10am - 2pm

**June 12 & 26** Yuba County 1 Stop Representative - 2:00 pm

### **Tuesdays**

**Weekly** Adventist Health: Street Nurse, 9:00 am

**Weekly** Yuba County Office Education: Educational Outreach for all Yuba County Schools, 9:00 - 11:00 am

### **Wednesdays**

**Weekly** Harmony Health: Living in Balance, 9:00 am

**June 13 & 27** FREED: Aging and Disability Resources Connection, 10:30 am - 12:30 pm

**June 21** Harm Reduction: Learn How to Stop Overdose Deaths, 10:00 am

### **Thursdays**

**Weekly** Harmony Health: Outreach and Insurance, 10:00 - 12:00 pm

### **Fridays**

**Weekly** Harmony Health: Anger Management, 9:00 am

### **Single Entry Point for Homeless Services!**

Open Monday – Friday  
9:00 am -3:30 pm

- Showers & Laundry
- Case Management
- Connection to Housing & Services

Intakes end at 2:00 pm  
Monday - Thursday and  
at noon on Fridays

**All classes and  
services are by  
appointment only.  
For more  
information talk to  
your Case  
Manager!**

Counseling sessions are  
by appointment only.  
Contact your Case  
Manager for more  
information.

### **Mondays**

**Weekly** Sutter Yuba Behavioral Health: Representative, 9:00 - 11:30 am

**June 5 & 19** Adventist Health: Community Connect Social and Health Barriers, 1:00 - 3:00 pm

**June 26th** Peach Tree Health: Sexual Health - Prevention is Key 2:00 pm - 3:00 pm

### **Tuesdays**

**Weekly** Sutter County Superintendent of Schools: Educational Outreach for all Sutter County Schools, 9:00 - 11:00 am

**Weekly** Sutter County Public Health: Nutrition and Diabetic Education, 1:00 - 3:00 pm

### **Wednesdays**

**June 14 & 28** Freed: Aging and Disability Resources Connection, 1:00 pm - 3:00 pm

to First Impressions, 10:00 am - 11:30 am

**June 21** Sutter County 1 Stop: How the One Stop Assists, Job Applications, Be Yourself, 10:00 am - 11:30 am

**June 21** Harm Reduction: Learn How to Stop Overdose Deaths, 11:30 am

**June 28** Sutter County 1 Stop: Professional Self/ Mannerisms/ Grooming/ Interview Readiness, 10:00 am

### **Thursdays**

**Weekly** Adventist Health: Street Nurse, 9:00 am

**June 26** Peach Tree Health : Sexual Health - Prevention is Key

### **Fridays**

**June 9 & 23** Ampla Health Mobile Unit: COVID Testing, Treatment, Vaccine, and Boosters, 10am - 2pm